

## Special Events



### Letters to Santa

Receive a genuine letter from Santa Claus himself! Drop your child's personal letter in the North Pole Mailbox in the Parks & Recreation Office, or mail it to Santa, Attn:

Parks & Recreation Department at P.O. Box 5106. Your child's letter must include a self addressed stamped envelope. Santa himself will mail a personalized letter back in time for Christmas. In order for a timely response, letters will be accepted December 1 – 17.



### Christmas Ornaments Workshop

Children in grades 1 - 4 will make a variety of Christmas ornaments.

Day: Friday Date: 12/17  
Place: Town Hall Room 119  
Fee: \$15.00 Time: 6:00 - 7:00 p.m.  
Instructor: Pam Zavarelli

### Tots Holiday Workshop

Children ages 3 - 5 will create a holiday masterpiece using a variety of materials. Parents are encouraged to stay.

Day: Friday Date: 12/17  
Time: 5:00 – 6:00 p.m.  
Place: Town Hall Room 119  
Fee: \$15.00 Instructor: Pam Zavarelli



### Afternoon of Ice Skating at Danbury Ice Arena

Join us and your friends and neighbors for an afternoon of ice-skating at the Danbury Ice Arena! We've rented out one of the rinks from 2:30 – 4:00 p.m. for an afternoon of fun! Skate rentals are included or you can bring your own. We encourage you to bring bike helmets from home. (We're told that bike helmets work great for ice-skating, too!) Light refreshments will be served. There is no charge for this event, but you must pre-register, as we can only accommodate up to 250 people. Please plan to arrive at the Ice Arena by 2:15 p.m. to make sure that you get your skates laced up and can enjoy your full time on the ice!

Day: Saturday Time: 2:30 – 4:00 p.m.  
Date: 1/22 Place: Danbury Ice Arena  
Fee: Free

### Tom O'Brien's Magic Show

Looking for a fun way to spend some time with your children on a day off from school? Join us for a Comedy Magic Show by Tom O'Brien. Tom has delighted children at our summer camp program, and is also the instructor of our ever-popular magic workshops. This performance is age appropriate for children 3 – 10, and will be held in the auditorium of Brookfield High School, 10:00 – 10:45 a.m. This event is free and we look forward to seeing you there!

Day: Thursday Time: 10:00 a.m.  
Date: 2/17 Place: BHS Auditorium  
Fee: Free

## Special Events, continued



### The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a

master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Thursday, 1/20, 3:30 – 4:30 p.m. HHES Music Rm.

Hocus Pocus – Magic Workshop 2:

Thursday, 2/10, 3:30 – 4:30 p.m. HHES Music Rm.

Presto – Magic Workshop 3:

Thursday 3/3, 3:30 – 4:30 p.m. HHES Music Rm.

Alakazaam – Magic Workshop 4:

Thursday, 3/31, 3:30 – 4:30 p.m. HHES Music Rm

### Valentine's Day Workshop

Children ages 3 - 5 and in grades 1 - 4 will create a Valentine's Day craft as a gift for Mom or Dad, or just for fun! Please wear a smock or clothes that can get messy.

Day: Friday Date: 2/4  
**Tots:** 5:00 – 6:00 p.m. **Grades 1- 4:** 6:00 – 7:00 p.m.  
Place: Town Hall Room 119  
Instructor: Pam Zavarelli Fee: \$15.00

### St. Patrick's Day Workshop

Wee lads and lasses ages 3 - 5 and in grades 1 - 4 will create a St. Patrick's Day craft. Please wear a smock or clothes that can get messy.

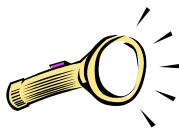
Day: Friday Date: 3/11  
**Tots:** 5:00 – 6:00 p.m. **Grades 1- 4:** 6:00 – 7:00 p.m.  
Place: Town Hall Room 119  
Instructor: Pam Zavarelli Fee: \$15.00

### Springtime Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an eggceptional craft for spring. Please wear a smock or clothes that can get messy.

Day: Friday Date: 4/15  
**Tots:** 5:00 – 6:00 p.m. **Grades 1- 4:** 6:00 – 7:00 p.m.  
Place: Town Hall Room 119  
Instructor: Pam Zavarelli Fee: \$15.00

### 12<sup>th</sup> Annual Flashlight Egg Hunt



Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All participants must bring their own

flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday Time: 8:00 p.m.  
Date: 4/15 Fee: \$1.00



### 15<sup>th</sup> Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 16. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec.

Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt in the lobby of Town Hall. Rain date is Sunday, April 17.

Age Divisions:

Under 3 at 12:00 p.m.

3- 4 year olds at 12:15 p.m.

5 - 6 year olds at 12:30 p.m.

7 - 8 year olds at 12:45 p.m.

Day: Saturday

Time: See above

Date: 4/16

Fee: \$1.00

## Get out of Town

### New ~ Pittsburgh v. UConn Women



We'll be leaving from Brookfield Town Hall at 4:30 p.m. for a 7:30 p.m. game at Gampel Pavilion on the Storrs Campus. Return to Brookfield at the game's conclusion. Fee of \$49.00 includes ticket and coach bus

transportation. The Co-op is open before the game, and is located almost directly across the street from Gampel, so you can stock up on your Husky wear, too.

Day: Saturday

Date: 1/22

Time: 4:30 p.m. departure

Fee: \$49.00

### Tampa Bay Lightning vs. NY Rangers



We're joining our friends at Redding Parks & Rec. for our third annual Rangers trip. We'll be leaving from the Redding Community Center, 37 Lonetown Rd, at 10:00 a.m. for a 1:00 p.m. game. You'll have time on your own to grab a

quick bite for lunch before the game at Madison Square Garden. Leave NYC at game's conclusion. Fee of \$73.00 includes ticket in section 415 and coach bus transportation.

Day: Sunday

Time: 10:00 a.m. departure

Date: 2/27

Fee: \$73.00

### New ~ Boston

#### Cheesecake Factory and Charles River

We think that this trip is just about the perfect way to spend a day. Leave from Brookfield Town Hall at 7:45 a.m. en route to Boston. After lunch at The Cheesecake Factory (included) you'll have some time to explore the Galleria Mall before boarding the Charles Riverboat for a fun cruise on the legendary Charles River. End the afternoon with some free time at Quincy Market before arriving back in Brookfield at 8:30 p.m.

Day: Saturday

Date: 5/14

Time: 7:45 a.m. departure

Fee: \$84.00

### Block Island for the Day

Just seven miles long and three miles wide, this idyllic island is a great escape for a day! We'll be leaving Brookfield Town Hall at 7:00 a.m. and traveling by coach bus to Point Judith, RI where we will board a ferry for an hour long cruise to Old Harbor, Block Island. Old Harbor is designated a National Historic District with wonderful Victorian buildings. It is just a short walk from the ferry to the center of town. Upon arrival on the island enjoy free time among a variety of restaurants (have lunch on your own) and shops. Choose to relax on the beach, bike or watch the yachts go by.

Following free time we will board a private coach bus for a guided tour of the island before returning home.

Expected arrival time back in Brookfield is 8:45 p.m.

Day: Saturday

Date: 6/25

Time: 7:00 a.m. departure

Fee: \$81.00

## Adult Education

### W.E.R.A.C.E. - Western Connecticut Regional Adult and Continuing Education 797-4731

<http://www.danbury.k12.ct.us/werace/WERACE/Welcome.html>

WERACE (Western Connecticut Regional Adult Education) is a regional program that provides FREE state mandated adult education services to adults 16 years of age and older who live in the towns of Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding, and Ridgefield.

A full range of free adult education programs including ESL and high school completion is presently available to adult learners from the above towns and allows WERACE to address basic literacy needs, as well as the skills necessary to transition to higher education, training and/or employment.

### Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 2/8 - 2/15 (2 wks)

Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B



### Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers, import graphics and pre created text, create and format tables and more. A working

knowledge of MS Word is required. A course manual and disk are included.

Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 2/22 - 3/8 (3 wks)

Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

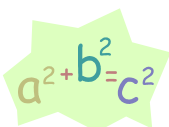
**Microsoft Excel 2000– Level 1**

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 2/9 – 2/16 (2 wks) Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B

**Microsoft Excel 2000 – Level 2**

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 2/23 – 3/9 (3 wks) Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

**Microsoft Access 2000 – Level 1**

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. A course manual and disk are included.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 2/10 – 2/24 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft Access 2000– Level 2**

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design

view, using multiple data types, using the office clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. A course manual and disk are included.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 3/3 – 3/17 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Youth Employment Program**

Pretty soon snow is going to be piling up in your yard! You need a night out of the house, but have no one to watch your children! Our Youth Employment Program consists of young ladies and gentlemen that are looking to help you out, and make some money in the process. A list of services includes not only babysitting and shoveling, but raking, weeding, mowing, house and pet sitting, washing cars, household chores, and helping you clean out that garage or attic you keep saying you're going to get to. For a list of interested workers, and for students seeking employment, please contact Donna Korb at [dkorb@brookfieldct.gov](mailto:dkorb@brookfieldct.gov), or call 775-7310.

**Everything You Need to Know about Working with Your Architect**

Finally getting ready to start on that master bedroom suite, updated kitchen/family room or new house? Don't know what an FAR, a CO, an Allowance or an Add Alternate is? Don't know schematics from design development drawings or a Permit Set from a Bid Set? Learn what to expect from the beginning to the end of your project, including: What you should do now to get ready for your first meeting with your architect; How architects price their services and what your options are; Which consultants bring what services to the table and when it is wise to hire them; Why your architect does the things she or he does; What causes delays and how to deal with them; How you can work with your architect to reduce costs and keep your project on schedule. Su Tamsett, a Ridgefield resident, has designed and managed more than 140 residential projects. Her work has been published in Architectural Digest, Traditional Building, Design Times, Connecticut Cottages and Gardens and the Boston Globe.

Day: Tuesday Time: 7:00 - 9:00 p.m.

Dates: 3/8 – 3/22 (3 wks) Fee: \$39.00

Place: Town Hall Meeting Room

**Mediterranean Vegetable Cooking**

Everyone knows that the heart-friendly "Mediterranean Diet" is filled with wonderful, but sometimes unfamiliar, vegetables, from artichokes to zucchini. Whether your goal is to stretch your grocery budget with hearty non-meat dishes, cook for a vegan or vegetarian, or surprise your dinner guests with something different, this class will meet your needs. Participants will spend time learning how to select and prepare ingredients and the different cooking techniques used with those ingredients. Many traditional recipes have been updated to make them lower in cholesterol, and able to retain the maximum number of nutrients. Classes will be conducted as a combination demonstration and hands-on workshop and will encompass appetizers, side dishes, and main courses. Topics covered will be decided upon by the students enrolled during the first class of each session, but may include; artichokes, eggplant, salads, squashes, peppers, greens, mushrooms, soups, pastas, beans, and grilled vegetables. Instructor Ann Salinger's first cooking teacher was her mother, who grew up on a farm in Southern Italy. Since then Ann has taken numerous cooking courses in Europe (where she lived for seven years) and Asia, and has enjoyed sharing her knowledge of ingredients and techniques, and enthusiasm for cooking, with friends and students.

Day: Wednesday Time: 6:30 – 8:30 p.m.

Session 1: 1/19, 1/26, 2/2, 2/9 (4 wks)

Session 2: 2/23, 3/2, 3/16, 3/23 (4 wks)

Place: WMS Home Ec. Room #1515

Fee: \$82.00/session



## Adult Education, continued

### New ~ Women's Guide to Managing Money

Woman's Guide to Money Matters is a seminar designed for women of all ages to learn how to take control of their financial life by examining their values and setting specific, realistic and measurable goals. At this seminar participants will learn strategies about:

- What you can do now to prepare for retirement or live in retirement
- Learn how to manage your retirement income
- Planning your estate
- Your options to pay for a child's or grandchild's education
- Developing a strategy to help achieve your financial goals and enjoy life with financial freedom

Day: Thursday Date: 2/10

Time: 6:00 – 7:30 p.m. Fee: \$10.00

Place: Edward Jones, 304 Federal Road, Brookfield

### New ~ Estate Planning Basics

This seminar will focus on the issues to address when developing an estate plan and the importance of working with an estate planning attorney. Participants will learn the function of a will and its affect on the probate process as well as the different kinds of trusts available and the benefits and risks they offer. The seminar will also focus on different strategies to decrease estate taxes and passing assets to your heirs.

Day: Thursday Date: 2/24

Time: 6:00 – 7:30 p.m. Fee: \$10.00

Place: Edward Jones, 304 Federal Road, Brookfield

### Social Security and Retirement Planning

This is an educational program geared for investors 1 to 15 years from retirement discussing how to take inventory of current assets and determine how much money they may need during retirement. Participants will learn:

- Understanding Social security payments
- How to organize and record your financial assets
- How to set realistic goals for retirement spending
- How to determine if you're on track to reach your goals
- What to do if you're not where you'd like to be

A representative from Social security and Medicare will be there to answer your questions.

Day: Thursday Date: 3/17

Time: 6:00 – 7:30 p.m. Fee: \$10.00

Place: Edward Jones, 304 Federal Road, Brookfield

### Ice Skating on Whalen Pond

Whalen Pond is open to Brookfield residents for ice-skating during the winter months. Whalen Pond, also known as Hillandale Pond, is located at the intersection of Broadview and Hillandale Roads. Ice conditions are checked Monday through Friday for safety, and a "skating" or "no skating" sign is posted at the Pond. Please note that conditions are not updated on weekends or holidays.

## Adult Certification

### New ~ First Aid & CPR for Grandparents

So many grandparents are caregivers to their grandchildren. This course will teach grandparents how to recognize and care for breathing and cardiac emergencies in children up to 12 years old as well as how to provide basic first aid care for sudden illnesses until advanced medical personnel arrive and take over. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool long after the class.

Day: Saturday Time: 9:00 a.m. – 1:00 p.m.

Date: 1/29 (1 wk) Fee: \$45.00

Place: Senior Center

Instructor: Susan Jowdy

### CPR/AED for Adults or Infants/Children

This course covers CPR in an approach that complements adult learning styles, featuring hands-on practice and real life scenarios. Additionally, this course also includes training in using an automated external defibrillator (AED) on a victim of sudden cardiac arrest. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete.

#### Session 1: CPR/AED for Adults

Thursday, 1/27, 6:30 - 9:30 p.m.

#### Session 2: CPR/AED for Infant/Child

Thursday, 2/10, 6:30 - 9:30 p.m.

Place: Town Hall Meeting Room

Instructor: Susan Jowdy Fee: \$50.00/session



### Standard First Aid

Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses until

advanced medical personnel arrive. Useful take-home course materials help you retain skills and serve as an excellent refresher and reference tool after training is complete.

Day: Thursday Time: 6:30 - 9:30 p.m.

Date: 2/24 (1 wk) Fee: \$35.00

Place: Town Hall Meeting Room

Instructor: Susan Jowdy



### D.E.P. Boating Safety Course

Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State

Boating Certificate, required for anyone who operates a boat. Participants must attend all four classes. There is an additional \$50 certificate fee to the State, which you will mail in after successful completion of the class.

Day: Tuesday and Thursday (twice a week for 2 weeks)

Time: 7:00 - 9:30 p.m.

Dates: 5/17, 5/19, 5/24, 5/26

Place: WMS Seminar Rm. Fee: \$20.00

## Decorative Arts



### Floral Design

Tap into your creative side and make three unique fresh flower arrangements that you can take home for yourself or gift to someone special (if you can part with them). From everyday to

holiday with something in between you will learn how to show off your talent with the help of a Professional Floral Designer. No experience necessary, \$25 material fee to be paid to instructor each class. Please bring floral snips.

Day: Wednesday Time: 7:00 - 9:00 p.m.

Dates: 2/23 - 3/9 (3 wks) Fee: \$48.00

Place: Senior Center

Instructor: Shannon Schnuerer

### Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting.

You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$40).

Day: Thursday Time: 6:00 - 8:00 p.m.

Dates: 1/20 - 3/10 (8 wks) Instructor: Victoria Lange

Place: Senior Center Craft Rm. Fee: \$88.00

## Adult Fitness



### Train for a 5K

Are you interested in running a 5K (3.1 miles) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs and short lectures. (Come dressed to run and

bring a water bottle) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/8/11. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a NASM certified personal trainer, functional training specialist, Pilates instructor and Spinning instructor.

Day: Saturday Time: 9:00 - 10:00 a.m.

Dates: 3/26 - 5/8 (6 wks) Instructor: Cassie Dunn

Place: BHS Track Fee: \$70.00

## Adult Fitness



### Indoor Group Cycling

Come SPIN your way to fitness! You've heard about it, now come and try it! This high-energy workout lets you train at

YOUR fitness level in a group situation. In a darkened room, with a top-notch instructor and great music – you will have FUN while getting into the shape of your life! Regardless of your age, fitness level or experience – you will LOVE this! BABYSITTING AVAILABLE! CLASS LIMITED TO 6 PEOPLE!

NO LIMIT Health and Fitness, 1120 Federal Road, Brookfield, CT (775-8548) is the site for all of our cycling classes.

#### **SPIN AND CORE TRAINING Monday, 9:15 – 10:30 a.m.**

Section 1: 1/17 - 2/21 (6 wks) Fee: \$90.00

Section 2: 3/7 - 4/11 (6 wks) Fee: \$90.00

Instructor: Liz

#### **SESSION 2: Monday, 6:00 – 7:00 p.m.**

Section 1: 1/17 - 2/21 (6 wks) Fee: \$72.00

Section 2: 3/7 - 4/11 (6 wks) Fee: \$72.00

Instructor: Cassie

#### **SESSION 3: Wednesday, 6:00 – 7:00 a.m.**

Section 1: 1/19 - 2/23 (6 wks) Fee: \$72.00

Section 2: 3/2 - 4/6 (6 wks) Fee: \$72.00

Instructor: Alison

#### **SESSION 4: Wednesday, 9:15 – 10:15 a.m.**

Section 1: 1/19 - 2/23 (6 wks) Fee: \$72.00

Section 2: 3/2 - 4/6 (6 wks) Fee: \$72.00

#### **SESSION 5: Wednesday, 5:30 – 6:30 p.m.**

Section 1: 1/19 - 2/23 (6 wks) Fee: \$72.00

Section 2: 3/2 - 4/6 (6 wks) Fee: \$72.00

Instructor: Jim

#### **SESSION 6: Thursday, 6:30 – 7:30 p.m.**

Section 1: 1/20 - 2/24 (6 wks) Fee: \$72.00

Section 2: 3/3 - 4/7 (6 wks) Fee: \$72.00

Instructor: Liz

#### **SESSION 7: Sunday, 9:15 – 10:15 a.m.**

Section 1: 1/16 - 2/20 (6 wks) Fee: \$72.00

Section 2: 2/27 - 4/3 (6 wks) Fee: \$72.00



### Zumba

Zumba is a great way to stay physically and mentally fit. It is like no other

workout you will ever experience! Zumba is great for the mind, body and soul and is based on the principal that exercise should be fun, which helps you stick with the program until you get results - the key to long term good-health. It's a feel good exercise program designed with a scorching fusion of world music and spicy dance rhythms. With its easy to follow choreography, you burn 500 to 800 calories per hour depending on how hard you work, and tone your body from head to toe. Zumba fitness utilizes aerobic interval training (combining fast and slow rhythms) to deliver a high energy, heart pumping cardiovascular workout you want to return to again and again.

#### **Session 1: Monday, 7:00 – 8:00 p.m. with Dolly Pinto**

Dates: 1/24 - 3/21 (8 wks) – no class 2/21

#### **Session 2: Thursday, 7:00 – 8:00 p.m. with Jennifer Kraus**

Dates: 1/20 - 3/24 (8 wks) – no class 2/17, 3/10

Place: WMS Cafeteria Fee: \$75.00/session\*

\*Register for both sessions and save \$20 off the total cost!

## Adult Fitness – Aerobics



### Yogalates

A hybrid of yoga and Pilates, Yogalates will give you the best of both techniques. By becoming mindful of movement and breath, and connecting your mind to your muscle, you will increase your flexibility, strength and muscle balance. This program can be modified for all fitness levels, but participants should be comfortable working on the floor. Please bring a mat, a towel and water bottle.

Day: Tuesday Time: 7:00 – 8:00 p.m.  
Dates: 1/18 – 3/8 (8 wks) Fee: \$75.00  
Place: Center School Gym Instructor: Phyllis Babuini

### B. L. T. or (Butt, Legs, and Tummy)!

This is a body sculpting class targeting the lower body's "hot spots", the glutes, inner and outer thighs and the waistline. The class includes muscle and strength building moves, like squats and lunges, combined with effective sculpting moves that are focused and intensive. Don't worry about learning dance moves or combinations, because this class is all about form and function! Change your body!

BABYSITTING AVAILABLE with reservation.

Day: Tuesday Time: 5:30 – 6:30 p.m.  
Session 1: 1/18 – 2/22 (6 wks) Fee: \$72.00  
Session 2: 3/1 – 4/5 (6 wks) Fee: \$72.00  
Instructor: Lisa  
Place: NO LIMIT Health and Fitness, 1120 Federal Rd

### UPPERBODY PUMP!

Here is the class to get those sculpted arms that you have always wanted. (Think Kelly Ripa, Madonna, etc.) This class will concentrate on your upper body, targeting all those trouble spots! (You know what they are!) Working your back, chest, shoulders and arms, you will create a lean and sculpted upper body. This class is for any level of fitness. The instructor can make any adjustments for your needs. Come try this out, you won't be disappointed!

BABYSITTING AVAILABLE BY RESERVATION!

Day: Thursday Time: 5:30 – 6:15 p.m.  
Session 1: 1/20 – 2/24 (6 wks) Fee: \$72.00/session  
Session 2: 3/3 – 4/7 (6 wks)  
Place: NO LIMIT Health & Fitness, 1120 Federal Road



### Training Power Hour

This class is like having a personal trainer for 1 hour!!! For women who want a TOTAL body workout. In this class you will burn calories, while firming, shaping and toning, the arms, back, chest, shoulders, legs, glutes and abs. Learn proper form and technique, and obtain your best body possible, by using hand held weights, bands, steps, balls and more. No two classes are the same!!! For people of all physical levels, this class will challenge the beginner AND advanced student. A fun class, with individual attention, that will get you results! Class also includes a warm up, cool down and stretching. Bring water and a towel.

BABYSITTING AVAILABLE!!!

Day: Thursday Time: 9:00 – 10:00 a.m.  
Session 1: 1/20 – 2/24 (6 wks) Fee: \$80.00/session  
Session 2: 3/3 – 4/7 (6 wks) Instructor: Donna  
Place: NO LIMIT Health & Fitness, 1120 Federal Road

## Adult Fitness – Aerobics



### Cardio Sculpt

This class combines a cardio segment with a sculpting class using light-weights, dyna-bands and stability balls. This is a great way to streamline your hour of exercise with cardio AND sculpting. It is an excellent workout for beginner exercisers through advanced participants. Master instructor, Marni McNiff will guide you through this workout, recommending any necessary adjustments based on your individual needs. All fitness levels are welcome and encouraged! Watch your body change! BABYSITTING AVAILABLE!

Day: Tuesday Time: 9:15 – 10:15 a.m.

Session 1: 1/18 – 2/22 (6 wks) Fee: \$72.00

Session 2: 3/1 – 4/5 (6 wks) Fee: \$72.00

Place: No Limit Health & Fitness, 1120 Federal Rd.  
Instructor: Marni McNiff

## Adult Fitness - Yoga, Meditation

### Introduction to Yoga

If you've never tried yoga or if you would like a refresher on the basics this is the class for you! The excellent certified instructors at YogaSpace make learning yoga safe, fun and accessible in these classes geared to beginners. Even if you think you are inflexible or out of shape, yoga offers many benefits, from easing back pain to finding your inner wisdom while cultivating flexibility and focus. Each class concludes with relaxation and/or meditation which will leave you feeling relaxed and rejuvenated.

Session 1: Monday, 7:30 p.m. – 9:00 p.m.

Dates: 1/24 – 3/21 (8 wks) – no class 2/21 Fee: \$120.00

Instructor: Gloria Owens

Session 2: Tuesday, 6:00 – 7:15 p.m.

Dates: 1/25 – 3/15 (8 wks) Fee: \$120.00

Instructor: Lisa Rosenthal

Place: YogaSpace, 777 Federal Road, second floor

### Anusara®-Inspired 1

New! Anusara Yoga®, founded by John Friend, is a hatha yoga system that celebrates the intrinsic goodness and potential of all beings. In this session we will explore both the philosophy and technique of this elegant yoga style in an easily accessible way suitable for students of all levels. You'll learn the physically empowering Universal Principles of Alignment® that will enhance your health, happiness and joy. Those who are new to yoga as well as those who wish to refine their understanding of the practice are all welcome.

Day: Monday Time: 10:30 a.m. – 12:00 p.m.

Dates: 1/31 – 3/28 (8 wks) - no class 2/21

Instructor: Mary Gerdes Fee: \$120.00

Place: YogaSpace, 777 Federal Road, second floor

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the Parks & Recreation programs and  
events of your choice.



## New ~ Yoga for Men

Men: would you like to relieve back soreness or stiffness? How about improve your golf game/tennis game/overall athletic ability? Or maybe you'd like to sleep more deeply and have increased energy for children, grandchildren, or just life in general? Then believe it or not, yoga is for you! You will be lead by senior Kripalu yoga instructor, Doug Greene, in a practical yoga program that will develop your flexibility, improve your core strength, increase your range of motion and cultivate stress-reduction techniques. This class is appropriate for men of all fitness levels and will be tailored to your specific progress and needs. You will stretch; you will sweat; you will breathe. Come learn the secret of professional athletes: Real men do yoga!

Day: Saturday Time: 10:30 – 11:45 a.m.

Dates: 1/29 – 3/5 (6 wks) Fee: \$90.00

Instructor: Doug Greene

Place: YogaSpace, 777 Federal Road, second floor

## Gentle Yoga

Ease your way into yoga with a gentle practice that is perfect for all practitioners, including those recovering from an illness or injury. Gentle yoga is perfect for those who are always on the go and who want to unwind. Natasha will compassionately guide you in gentle yoga poses using supports (blocks, blankets, and straps) that help the body to release tension. In addition, guided visualizations are used and act as a tonic for the mind. You will leave feeling deeply nurtured and restored.

Session 1: Wednesday, 9:30 – 11:00 a.m.

Dates: 1/26 – 3/16 (8 wks) Fee: \$120.00

Session 2: Thursday, 5:45 – 7:00 p.m.

Dates: 1/27 – 3/17 (8 wks) Fee: \$120.00

Instructor: Natasha Raymond

Place: YogaSpace, 777 Federal Road, second floor

## New ~ Mommy and Baby Yoga

Welcome moms and infants who are not yet crawling. This class will help you remember your body (that vehicle of power and strength) and nurture you back to movement and re-awakening through yoga. Postpartum means a yoga practice that is often interrupted by nursing, feeding, caressing, holding, diaper changes, and independent moments of triumph, all of which are supported and celebrated in this special class. Join certified yoga instructor Michelle Wenis for a playful hour of yoga with some extra bonding and transition time at the end so your experience is leisurely and relaxing!

Day: Thursday Time: 11:15 a.m. – 12:30 p.m.

Dates: 2/17 – 3/17 (5 wks) Fee: \$75.00

Instructor: Michelle Wenis

Place: YogaSpace, 777 Federal Road, second floor

## Introduction to Tai Chi & Chi Gong

This class combines the ancient practices of Tai Chi (moving meditation) and Chi Gong (flowing energy) to promote health, strength and tranquility. Instructor Susan Bradley is a long-time scholar, practitioner and teacher of these relaxing and restorative practices that move 'chi', or life force energy, throughout the entire body. You will experience flow, stability, balance, power and grace while honing your concentration - a gentle yet profound alchemy that is appropriate for all bodies and levels of fitness and experience.

Session 1: Tuesday, 7:30 – 8:45 p.m.

Dates: 1/25 – 3/15 (8 wks) Fee: \$120.00

Session 2: Wednesday, 11:15 a.m. – 12:30 p.m.

Dates: 1/26 – 3/16 (8 wks) Fee: \$120.00

Instructor: Susan Bradley

Place: YogaSpace, 777 Federal Road, second floor



## Meditation and Mindfulness

Research shows meditation decreases stress and blood pressure; increases empathy and self awareness and develops concentration and a sense of overall well-being. Does this sound good to you? But you don't know where to start? Join Ken Sprano for this six week introduction to meditation and mindfulness-based stress reduction on Sunday nights in the serene atmosphere of YogaSpace. You will learn a variety of techniques including various approaches to meditation, bio-feedback, self hypnosis, breathing and deep relaxation. You will leave feeling lighter, happier and ready to face your week with clarity and ease.

Day: Sunday Time: 7:30 – 8:30 p.m.

Dates: 1/23 – 3/6 (6 wks) – no class 2/20 Fee: \$90.00

Instructor: Ken Sprano

Place: YogaSpace, 777 Federal Road, second floor

## New ~ Pilates

Joseph Pilates' classical mat exercises are a holistic approach to strengthening the entire body, while increasing mental concentration and physical coordination. It is an inspiring and fun way to balance the body, mind and spirit. The mat exercises are designed to strengthen and stretch muscles, increase stabilization of the joints of the body in order to prevent as well as heal injuries. Come be empowered through movement through the integrated practice of Pilates!

Day: Tuesday Time: 11:15 a.m. – 12:30 p.m.

Dates: 1/25 – 3/15 (8 wks) Fee: \$120.00

Instructor: Jen Pollack

Place: YogaSpace, 777 Federal Road, second floor



*We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching experience is not always necessary. Class proposals should be received by 2/1/11 to be considered for the spring/summer program guide.*

## Adult Fitness - Yoga, Meditation, cont.



### New ~ Making Peace with Your Body and Food

Who in this culture doesn't struggle with some aspect of food and body image? If you

obsess about food and your body or feel trapped in an unhappy relationship when you look in the mirror, get dressed or prepare a meal, please consider joining us for a program that can transform your life if you are ready.

In this 6-week program, Natasha will compassionately guide you on a safe and joyful healing journey in which you will learn to nourish your body, mind and soul and reclaim the peace, happiness and freedom you desire and deserve.

For the first hour of each meeting, we will get reconnected with the body and heal the mind through guided yoga, meditation, visualization and breath work. In the second hour, we will explore the more difficult aspects of our thoughts and feelings through highly effective self-inquiry methods and group discussion. We will practice conscious eating in a supportive environment and discover how eating can be a spiritual and pleasurable experience. Note: This program is not for people who need in-patient care or services for an eating disorder.

Session 1: Thursday, 7:00 – 9:00 p.m.

Dates: 1/27 – 3/10 (6 wks) – no class 2/24 Fee: \$150.00

Session 2: Saturday, 10:30 am – 12:30 p.m.

Dates: 1/29 – 3/12 (6 weeks) – no class 2/26 Fee: \$150.00

Instructor: Natasha Raymond

Place: YogaSpace, 777 Federal Road, second floor

## Adult Fitness - Open Gyms



**Open Basketball** Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$60.00 or pay \$5.00 nightly at the door.

Passes will not be sold after 12/20 and no credit for nightly passes will be given. Open Gym is canceled on 12/27, 1/17, 2/21 and on days when school is not in session or dismisses early.

Days: Monday Time: 7:30 – 9:30 p.m.

Dates: 11/8/10 – 4/4/11 Place: BHS Gym

**Open Volleyball** Ongoing Wednesday night open play for adults 18 and over. Purchase a season pass for \$60.00 or pay \$5 nightly at the door. Passes will not be sold after 12/22 and no credit for nightly passes will be given. Open gym is canceled on 11/24, 12/29 and on days when school is not in session or dismisses early.

Days: Wednesday Time: 7:30 – 9:00 p.m.

Dates: 11/10/10- 4/13/11 Place: WMS Gym

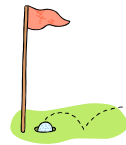
**Indoor Soccer** Tuesday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$45.00 or pay \$5 nightly at the door. Indoor Soccer is cancelled on days when school is not in session or dismisses early.

Days: Tuesday Time: 7:30 – 9:00 p.m.

Dates: 1/4 – 3/29/11 (13 wks) Place: WMS Big Gym

Fee: \$5.00/night or \$45.00/season pass

## Adult Fitness - Dance and Golf



### Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed. Fee is \$110.00 for any one month (four classes). Classes meet 6:00–7:00 p.m.

January (Wednesday) – 1/5, 1/12, 1/19, 1/26

February (Tuesday) – 2/7, 2/14, 2/21, 2/28

March (Thursday) – 3/10, 3/17, 3/24, 3/31

### Women Only Classes (Beginner)

January (Thursday) – 1/6, 1/13, 1/20, 1/27

February (Tuesday) – 2/8, 2/15, 2/22, 3/1

March (Wednesday) – 3/9, 3/16, 3/23, 3/30

## Ballroom and Latin Dance Mix



Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress release. The dances you learn will be selected at the instructor's discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz, Quick

Step, Mambo/Salsa, Cha-Cha, Samba, Rumba, and East Coast Swing. Emphasis will be placed on mastering each step before moving on to new dances.

No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and Latin dances in our singles class.

Please note the dress code for participation in dance classes, no jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Wednesday

Singles: 6:15 – 7:00 p.m. Fee: \$90.00/person

Couples: 7:00 – 8:15 p.m. Fee: \$210.00/couple

Place: Whisconier Middle School Cafeteria

Dates: 1/19 – 3/16 (8 wks)-no class 3/9



## Tumbling Tots

Children 2-5 will meet for games, basic tumbling skills and energetic fun in a gym setting. We offer 2 time slots for this popular program:

9:00 - 9:45 am for ages 4-5 with or without parent

9:45 - 10:30 am for ages 2-3 with parent or caregiver

Please specify time and session when registering.

Day: Tuesday Fee: \$49.00/session

Time: 9:00 – 9:45 a.m. OR 9:45 – 10:30 a.m.

Session 1: 1/18, 1/25, 2/1, 2/8 (4 wks)

Session 2: 2/22, 3/1, 3/8, 3/15 (4 wks)

Place: Tropical All-Stars, 558 Federal Road

Instructors: Pam Zavarelli and Linda Kaalman

## Mother's Morning Out

This pre-school readiness program is designed for children age 2 – 5 (without parent/caregiver) to experience the joy of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs and parachute play, weather, group gym games, an arts & craft project and a story. Appropriate transitions between activities allow children to recognize and become familiar with the structure of the day and to look forward to the next activity. Children must turn two by the start of the program and do not need to be potty trained. Please pack a snack and a drink for your child each class.

Day: Friday Time: 9:15 – 11:15 a.m.

Dates: 1/28, 2/4, 2/11, 2/25, 3/4, 3/11 (6 wks)

Day: Thursday Time: 9:15 – 11:15 a.m.

Dates: 1/27, 2/3, 2/10, 2/24, 3/3, 3/10 (6 wks)

Place: Congregational Church Room 3/4

Instructors: KidsFit Fee: \$130.00/session

## Two Good to be True

Children ages 2-3 and parent or caregiver will meet for songs, stories and arts & crafts. Activities will foster development of fine motor and language skills while having fun and making friends! Please bring a snack.

Day: Wednesday Time: 9:30 – 10:30 a.m.

Session 1: 1/19, 1/26, 2/2, 2/9 (4 wks)

Session 2: 2/23, 3/2, 3/9, 3/16 (4 wks)

Instructor: Pam Zavarelli Fee: \$44.00/session

Place: Congregational Church, Fellowship Hall



## 'Lil Chefs

Children ages 3 and 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Day: Friday

Session 1: 1/21, 1/28, 2/4, 2/11 (4 wks)

Session 2: 3/4, 3/11, 3/18, 3/25 (4 wks)

Time: 9:30 – 10:30 a.m.

Place: Congregational Church, Fair Kitchen

Instructor: Pam Zavarelli Fee: \$59.00/session

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## Ballet and Creative Movement for Tots

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for ages 3 - 5. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred, but not required.

Day: Friday

Session 1: 4:35 – 5:20 p.m. Fee: \$45.00/session

Session 2: 5:25 – 6:10 p.m.

Dates: 1/28 – 4/1 (8 wks) – no class 2/18, 3/25

Place: Center School Cafe Instructor: Holly Gundolfi

## Theme Weeks

Preschool children ages 2-4 (with parent or caregiver) will meet for a variety of stories, crafts, games, and music all relating to the following themes:

January: 1/10 and 1/24 Winter Wonderland

February: 2/7 and 2/14 Happy Valentine's Day

March: 3/7 and 3/14 Welcome Spring!

Day: Monday Fee: \$24.00/month

Time: 9:30 – 10:30 a.m. Instructor: Pam Zavarelli

Place: Congregational Church, Fellowship Hall



## Learn to Ice Skate for Tots

Preschoolers age 3 ½ and older will enjoy this program which incorporates creative play and interactive learning games to teach skills. This program is designed for children who have never skated. They will learn the proper way to fall and get up, as well as marching in place and across the ice. Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight-week duration of the program, as well as skate rentals if needed. Wear helmets and gloves or mittens.

Session 1: Wednesday, 1/5 – 2/16 (7 wks) Fee: \$127.00  
4:00- 4:30 p.m. (Tot 1)

Session 2: Thursday, 1/6 – 2/17 (7 wks) Fee: \$127.00  
10:00 – 10:30 a.m. (Tot 1)  
10:30 – 11:00 a.m. (Tot 2)

Session 3: Friday, 1/7 – 2/18 (7 wks) Fee: \$127.00  
10:00 – 10:30 a.m. (Tot 1)  
10:30 – 11:00 a.m. (Tot 2)

Place: Danbury Ice Arena, 1 Independence Way

## New ~ Growing is Fun!

Children 16 – 24 months will learn through cooperative play and social interaction with other children and their caregiver. Class includes nursery rhymes, instruments, bubbles and parachute play.

Day: Thursday Time: 10:00 – 11:00 a.m.

Session 1: 1/20, 1/27, 2/3, 2/10 (4 wks)

Session 2: 3/3, 3/10, 3/17, 3/24 (4 wks)

Place: Congregational Church

Instructor: Tatiana Preston Fee: \$44.00/session

## Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades K and 1 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts.

Day: Thursday Time: 3:30 – 4:30 p.m.

Dates: 1/20 – 3/17 (8 wks) – no class 2/17

Place: Center School Room Fee: \$79.00

Instructor: Patricia Clua



## Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Friday Time: 3:30 – 4:30 p.m.

Dates: 1/21 – 3/18 (8 wks) -no class 2/18

Place: Center School - Gym Fee: \$40.00

Instructor: Emily Bonomo

## Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Session 1: Tuesday, 1/18 – 3/8 (8 wks)

Session 2: Wednesday, 1/19 – 3/9 (8 wks)

Time: 3:30 – 4:30 p.m.

Place: Center School Gym Fee: \$40.00/session

Instructor: Sal Strazza



## Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement.

Recipes will be duplicated in both of the

classes. Classes meet in the Center School Pre-School Room, 3:30 – 4:30 p.m. Fee is \$45.00/session.

Day: Tuesday Instructor: Ann Salinger

Session 1: 1/18, 1/25, 2/1, 2/8 (4 wks)

Session 2: 2/22, 3/1, 3/8, 3/15 (4 wks)

Day: Wednesday Instructor: Ann Salinger

Session 1: 1/19, 1/26, 2/2, 2/9 (4 wks)

Session 2: 2/23, 3/2, 3/9, 3/16 (4 wks)

## Lego Fungineering

Young budding engineers in grades K and 1 love this "hands-on, minds-on" program. A model is built – concept of the model is studied and observed – the model is broken down and this cycle is repeated to demonstrate various concepts of simple machines such as gears, pulleys, levers and wheels. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this winter

Day: Thursday Dates: 3/10, 3/17, 3/31, 4/7, 4/14

Time: 3:30 - 4:45 p.m. Fee: \$89.00

Place: Center School Room

## Ballet and Creative Movement for K/1



Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this ballet and creative movement class for children in grades K and

1. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred for participants, but not mandatory.

Day: Friday Instructor: Holly Gundolfi

Dates: 1/28 – 4/1 (8 wks) – no class 2/18, 3/25

Time: 3:30 – 4:30 p.m. Fee: \$45.00

Place: Center School Cafeteria

## Iddy, Biddy Basketball – Grade 1



Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt.

Day: Saturday Time: 11:00 a.m. - 12:00 p.m.

Dates: 1/8 – 3/5 (7 wks) – no class 1/15, 2/19

Place: Huckleberry Hill School– Upper Gym

Supervisor: Fern Smenyak Fee: \$55.00

## Quick Start Tennis

Students in grades K and 1 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Session 1: Monday, 1/24 – 3/7 (6 wks) - no class 2/21

Session 2: Thursday, 1/20 – 3/3 (6 wks) – no class 2/17

Time: 3:30 – 4:30 p.m.

Place: Center School Gym Fee: \$66.00/session

Instructor: Elaine Gregory, BHS Girls Coach



## Little Dragons

Students in grades K - 1 will be introduced to martial arts and character

development through weekly themes including: laser beam focus, 3 rules of concentration, 20

ways to respect your teacher, coordination, self

discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:30 – 4:00 p.m.

Dates: 1/20 – 2/10 (4 wks) Fee: \$28.00

Instructor: Zandri's Martial Arts

Place: Center School Cafeteria

## Ice Skating on Whalen Pond

Whalen Pond is open to Brookfield residents for ice-skating during the winter months. Whalen Pond, also known as Hillandale Pond, is located at the intersection of Broadview and Hillandale Roads. Ice conditions are checked Monday through Friday for safety, and a "skating" or "no skating" sign is posted at the Pond. Please note that conditions are not updated on weekends or holidays.



## The Wizard's School of Magic

Students in grades 1 – 4 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform the tricks at home, and a magic wand! Please register soon before the spaces – alakazaam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Thursday, 1/20, 3:30 – 4:30 p.m. HHES Music Rm.

Hocus Pocus – Magic Workshop 2:

Thursday, 2/10, 3:30 – 4:30 p.m. HHES Music Rm.

Presto – Magic Workshop 3:

Thursday 3/3, 3:30 – 4:30 p.m. HHES Music Rm.

Alakazaam – Magic Workshop 4:

Thursday, 3/31, 3:30 – 4:30 p.m. HHES Music Rm

## Quick Start Tennis

Students in grades 2 - 4 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Session 1: Wednesday, 1/19 – 2/23 (6 wks)

Session 2: Friday, 1/21 – 3/4 (6 wks) – no class 2/18

Time: 3:30 – 4:30 p.m.

Place: HHES Lower Gym Fee: \$66.00/session

Instructor: Elaine Gregory, BHS Girls Coach



## Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Session 1: Thursday in the HHES Lower Gym

Dates: 1/20 – 3/17 (8 wks) - no class 2/17

Session 2: Friday in the HHES Upper Gym

Dates: 1/21 – 3/18 (8 wks) – no class 2/18

Time: 3:30 – 4:30 p.m. Fee: \$40.00/session

Instructor: Tyler Heckmann

## New ~ Ballroom for Kids Ages 7 - 10

Students ages 7 – 10 will learn basic steps in all the dances, turns and spins, and technique of the moves. Children who learn social dances increase their confidence, posture, balance and knowledge of music. Much like soccer, Ballroom Dance Competitions (DanceSport) have been very popular in Europe and Asia for decades and are now beginning to catch on in the US. Ballroom For Kids has world class instructors ready to teach your child! Students should wear leather soled shoes or ballroom dance shoes (no sneakers) and long hair needs to be worn back in a ponytail or bun. Sign up with a friend to dance with or you can be paired with a partner at class.

Day: Wednesday Time: 5:30 – 6:15 p.m.

Place: WMS Cafeteria Fee: \$65.00/person

Dates: 1/19 – 3/16 (8 wks)-no class 3/9

Instructor: Galina Andracchio

## Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Session 1: Monday, 1/24 – 3/21 (8 wks) -no class 2/21

Session 2: Tuesday, 1/18 – 3/8 (8 wks)

Time: 3:30 - 4:30 p.m.

Place: HHES Lower Gym

Instructor: Dave Miller

Fee: \$40.00/session

## New ~ Cartoon!

From Mouse to Manga, anything can be a cartoon! Learn how to create characters, draw expressions, and show action and movement all through simple shapes. In no time at all, a simple doodle becomes the Monster That Ate Manhattan (or... maybe it's a puppy)! Basic Drawing tips about line and shading will be covered. Instructor Mark Gerber has been an illustrator for 30 years, drawing and painting in many styles for advertising and publishing clients ([www.gerberstudio.com](http://www.gerberstudio.com)). A few basic supplies will need to be provided by the student. Please ask for a materials list when registering. Students should bring a snack and a drink each week.

Day: Wednesday

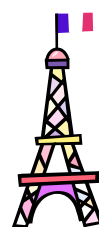
Time: 3:30 – 4:30 p.m.

Dates: 1/19 – 2/23(6 wks)

Fee: \$59.00

Instructor: Mark Gerber

Place: HHES



## French Fantastique

Now offered as a before school activity! Studies have shown that the earlier a child is exposed to a second language, the more quickly they excel. Learn French the fun way through music, colorful crafts and instruction. Students in grades 2-4 will learn about French foods, geography, famous buildings, as well as the basic greetings,

alphabet, counting, colors and lots of vocabulary. Each student will receive a folder full of creative activities in French. Parents, please escort your child to the Art Room at each class meeting.

Day: Friday

Time: 7:50 – 8:40 a.m.

Dates: 1/21 – 3/18 (8 wks) –no class 2/18

Place: HHES – Music Room Fee: \$72.00

Instructor: Margee Minier

## Español para Niños y Niñas

There are over 300 million Spanish-speakers in over 20 countries around the world -including the United States. Learning the language at an early age gives children a greater chance to become proficient as well as many lifelong advantages. This is a play-based program that will introduce children in grades 2 – 4 to conversational Spanish and to the colorful Latino culture through songs, games, and crafts.

Day: Monday

Time: 3:30 – 4:30 p.m.

Dates: 1/24 – 3/21 (8 wks) – no class 2/21

Place: HHES – Music Room Fee: \$79.00

Instructor: Patricia Clua





## Bowling

Each class features two games of bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending

in a note each week to the school, please include that your child is attending bowling on bus #6. Pick-up is at Brookfield Lanes. Students may bring money with them in order to purchase a snack at the snack bar.

Day: Thursday Time: 3:30 - 5:30 p.m.

Session 1: 1/20, 1/27, 2/3, 2/10 (4 wks)

Session 2: 3/3, 3/10, 3/17, 3/31 (4 wks)

Instructor: Dave Miller Fee: \$48.00/session

Place: Brookfield Lanes

## Claymation Moviemaker

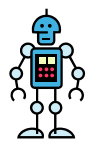
Clay and animation, what a perfect combination! Working in teams, students in grades 2 - 4 do it all, from story creation to making the characters and building the sets. As they learn the production process they will use DIGITAL CAMERA and COMPUTER SOFTWARE to animate, record, download, assemble and edit their own movies. Their final masterpiece will be copied onto a CD for the students to take home for all to enjoy!

Day: Thursday Dates: 1/20, 1/27, 2/3, 2/10, 2/24

Time: 3:30 - 5:00 p.m. Fee: \$89.00

Place: HHES Library

## Lego Carnival



Lego Mindstorms provides wonderful hands-on opportunities for the students in grades 2 - 4 to experiment and learn about the fundamentals of robotics, construction and computer programming. We will be building RCX Robotics models

commonly found in Carnival such as bumper cars and merry-go-round and using computer software to bring the models alive!

Day: Wednesday Dates: 3/16, 3/23, 3/30, 4/6, 4/13

Time: 3:30 - 5:00 p.m. Fee: \$89.00

Place: HHES Library

## Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls in grades 2 through 8. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Monday and Wednesday (see below)

Time: Grades 2 - 4: 6:00 - 7:00 p.m. Fee: \$60.00

Grades 5 - 8: 7:15 - 8:30 p.m. Fee: \$70.00

Dates: 1/5, 1/10, 1/12, 1/19, 1/24, 1/26, 1/31, 2/2, 2/7, 2/9

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine



## Basic Drawing and Watercolor

Students in grades 2 - 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive

individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week.

Day: Tuesday

Time: 3:30 - 5:00 p.m.

Dates: 1/18 - 3/8 (8 wks)

Fee: \$85.00

Place: Huckleberry Hill School - Room 301



## Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control,

physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday

Time: 3:30 - 4:15 p.m.

Dates: 3/18 - 4/15 (4 wks) - no class 3/25

Instructor: Zandri's Martial Arts Fee: \$28.00

Place: Huckleberry Hill School - Lower Gym



## Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 1-4 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit [www.paintdrawmore.com](http://www.paintdrawmore.com)

Day: Monday

Time: 3:30 - 4:40 p.m.

Dates: 1/10 - 3/14 (8 wks) -no class 1/17, 2/21

Place: HHES Art Room

Fee: \$129.00

Join our email list! Log onto [www.brookfield.org/pnr/index.htm](http://www.brookfield.org/pnr/index.htm) and click on the icon to receive monthly updates on the Parks & Recreation programs and events of your choice.

## Huckleberry After School, continued



### Learn to Ice Skate Grades 1-4

Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight-week duration of the program, as well as skate rentals if needed. We are currently offering Skate levels 1 and 2 concurrently with different instructors. **Skate 1:** Entry-level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops. **Skate 2:** This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.  
Day: Saturday Time: 11:00 – 11:30 a.m.  
Dates: 1/8 - 2/19 (7 wks) Fee: \$127.00  
Place: Danbury Ice Arena, 1 Independence Way

## Whisconier After School

### Cooking 101

This class will teach students in grades 5 through 8 how to cook everything from nutritious snacks to delicious meals and desserts. Cooking techniques, ingredient selection and substitutions, kitchen safety and balanced meal creation will all be covered in this hands-on class. Students will have the opportunity to taste their creations and take home the recipes. All materials are covered in the fee.  
Day: Friday Time: 2:40 – 4:10 p.m.  
Session 1: 1/21, 1/28, 2/4, 2/11 (4 wks)  
Session 2: 3/4, 3/11, 3/18, 3/25 (4 wks)  
Fee: \$68.00 Instructor: Jen Tomaino  
Place: WMS Home Ec. Room

### Video Animation Gaming at Whisconier

Students in grades 5 – 8 will be using the software program 'Scratch' developed by MIT Media Institute to create animation, music videos, Pac man like video games and more. Creations from this class along with a copy of this software will be sent home so they can continue to have fun!  
Day: Thursdays Dates: 1/20, 1/27, 2/3, 2/10, 2/24  
Time: 2:40-4:00 p.m. Fee: \$89.00  
Place: WMS Room

### New ~ Cartoon!

From Mouse to Manga, anything can be a cartoon! Learn how to create characters, draw expressions, and show action and movement all through simple shapes. In no time at all, a simple doodle becomes the Monster That Ate Manhattan (or... maybe it's a puppy)! Basic Drawing tips about line and shading will be covered. Instructor Mark Gerber has been an illustrator for 30 years, drawing and painting in many styles for advertising and publishing clients. A few basic supplies will need to be provided by the student. Please ask for a materials list when registering. Students should bring a snack and a drink each week.  
Day: Tuesday Time: 2:40 – 4:10 p.m.  
Dates: 1/18 – 2/22 (6 wks) Fee: \$68.00  
Instructor: Mark Gerber Place: WMS Art Room

## Whisconier After School, continued

### The Secrets of Successful Test-Taking



Fair or not, the difference between good grades and great grades is doing well on tests. The good news, students can learn effective test prep skills. This overview workshop introduces the three key areas: reviewing and organizing the subject materials, pre-test study strategies and test day tips for success. How to approach true-false, multiple choice and document-based questions will be covered.  
Day: Saturday Time: 10:00 a.m. – 12:00 p.m.  
Date: 2/5 Fee: \$35.00  
Place: Tutoring Club- 270 Federal Road  
Instructor: Nancy Sutherland- Center Director

### Basic Drawing and Watercolor



Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.  
Day: Monday Time: 2:40 – 4:10 p.m.  
Dates: 1/24 – 3/21 (8 wks)-no class 2/21  
Place: WMS Art Room Instructor: Victoria Lange  
Fee: \$85.00



### American Red Cross Babysitter's Training

*American Red Cross Babysitter's Training* gives 11-15 year olds the skills and confidence they need to become great babysitters. This 6-hour class covers training in care giving, decision making, safety and first aid skills, and preventing and responding to emergencies. Course participants receive The Babysitter's Training Handbook, which provides course review and 30 easy-to-follow first aid action plans for handling emergencies. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil.  
Day: Thursday Date: 2/17  
Time: 9:00 a.m. – 3:00 p.m. Fee: \$60.00  
Place: Town Hall Meeting Rm. Instructor: Peggy Boyle

### New ~ Youth Fitness Fun

This class is designed for those students (boys and girls 8-11 years old) who are not interested in training for sports but are interested in increasing their fitness levels in a fun and non intimidating way. During the class, students will be introduced to and taught the uses of multiple pieces of exercise equipment and can expect to participate in many multiple challenge games that will lead to increased stamina, speed, coordination, and muscle toning. Class is limited to 8 students to allow for individualized attention and everyone will receive a No-Limit T-Shirt.  
Day: Saturday Time: 10:30 – 11:30 a.m.  
Dates: 1/22 – 2/26 (6 wks) Fee: \$80.00  
Place: No Limit Health & Fitness

**Junior Strength Training for ages 12 - 14**

This class is designed with the athlete in mind. We provide coaching and guidance to increase strength, stamina, coordination, speed, and power that will enhance the student's ability to compete in a sporting event. Students will also learn how to use weight training equipment in a safe and supervised format with emphasis on proper form and technique. A great intro to learn how to work out in a gym. Class is limited to 8 students to allow for individualized attention and everyone will receive a No-Limit T-Shirt.

Day: Saturday Time: 11:45 a.m. – 1:00 p.m.

Dates: 1/22 – 2/26 (6 wks) Fee: \$80.00

Place: No Limit Health & Fitness

**Youth Wrestling Program**

The Brookfield Youth Wrestling Program is open to boys and girls in grades 2 through 8. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Monday and Wednesday (see below)

Time: Grades 2 – 4: 6:00 – 7:00 p.m. Fee: \$60.00

Grades 5 – 8: 7:15 – 8:30 p.m. Fee: \$70.00

Dates: 1/5, 1/10, 1/12, 1/19, 1/24, 1/26, 1/31, 2/2, 2/7, 2/9

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine

**Golf Lessons for Juniors**

These classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before

and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5-iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

January (Wednesday) – 1/5, 1/12, 1/19, 1/26  
February (Monday) – 2/7, 2/14, 2/21, 2/28  
March (Thursday) – 3/10, 3/17, 3/24, 3/31

**New ~ Interview and Write Like a Reporter**

Do you want to be a journalist? If so, this class is for you! Students in grades 5 through 8 will learn everything that is involved in writing a newspaper article. They will interview their classmates, as well as someone in their community. Topics include: How do you prepare for the interview? What kind of questions should you ask? What is something original that you think readers may want to learn? How do you write the article? We will discuss what would make a good lead sentence to grab readers' attention, in what order the information should be written, and what kind of descriptive elements can we put into the story to make readers want to keep reading it? By the end of the class, students will have written a story suitable for publishing that they can share with family and friends. Instructor Sandra Diamond Fox is a reporter for The News-Times.

Day: Thursday Time: 5:00 – 6:30 p.m.

Session 1: 1/20, 1/27, 2/3 (3 wks)

Session 2: 2/24, 3/3, 3/10 (3 wks)

Place: WMS Classroom Fee: \$45.00/session

Instructor: Sandra Diamond Fox

**Brookfield High School****College Admissions 201- Getting to the finish line**

Your student has started the college admission process—gathered info on schools, talked to counselors and friends and taken or planned for SAT or ACT. Now what? How do you finish this process to have the best chance of a “fat envelope”? This seminar is designed to answer your remaining questions—Take the SAT again? Try the ACT? What Subject Tests (SAT II) should a student take? When should we apply? How do you complete the application and craft an effective college essay? This evening is geared to the families of Juniors involved in the process and sophomores who want a head start. Parent(s) and their student should attend.

Day: Monday Time: 7:00 – 9:00 p.m.

Date: 2/7 Fee: \$25.00/family

Place: Tutoring Club, 270 Federal Road

Instructors: Andrew Hill- Director of College Prep and Bill Gross, Director

**BHS Learn to/Love to Ski or Board**

There are still limited spaces available for this popular program. Join us for 5 fun-filled Friday nights at Mohawk Mountain in Cornwall, CT. Whether you already love to ski or snowboard, or you want to learn to ski or snowboard, this program will provide BHS students with five evenings of skiing or boarding on 1/7, 1/14, 1/21, 1/28, and 2/4, deluxe coach bus transportation to and from Brookfield High School, and adult supervision on the bus and at the Mountain. Fee is \$230.00 includes lift ticket and coach bus transportation. Visit our website to download a flyer with complete details.



We are currently accepting applications for the following seasonal summer positions:

Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation

Office at 775-7310 for more information or to request an application. Applications are also available for download from our website. Deadline for applications: 3/25/11



## Youth Sports Spring Registration



### Brookfield Soccer Club

### Spring 2011 Registration

[www.brookfieldsoccer.org](http://www.brookfieldsoccer.org)

Registration for all BSC Spring 2011 programs is now open! Check the BSC website for registration details, program information, and to register online at [www.brookfieldsoccer.org](http://www.brookfieldsoccer.org).

### Brookfield Baseball and Softball Association

### Spring 2011 Registration

<http://www.leaguelineup.com/brookfield>

Thursday, January 6 7:00 - 9:00 p.m. BHS Cafeteria  
Thursday, January 20 7:00 - 9:00 p.m. BHS Cafeteria  
Thursday, February 3 7:00- 9:00 p.m. BHS Cafeteria  
Thursday, February 24 7:00- 9:00 p.m. BHS Cafeteria

BBSA Spring 2011 registration will be held in the cafeteria of Brookfield High School. Registration is open to Brookfield residents only. First time players must provide a copy of their birth certificate. Fee due at registration and will vary according to League. White baseball pants required and are available for purchase at registration.

Boys Baseball (Ages 5 - 19) Must turn 5 by 4/30/11.  
Girls Softball (Ages 5 - 16) Must turn 5 by 12/31/10.

Any questions on the announcements please send a note to Steve Harding @ [proff1960@aol.com](mailto:proff1960@aol.com)

### Brookfield Lacrosse Club Spring 2011 Registration

[www.brookfieldlax.org](http://www.brookfieldlax.org)

Registration for the Brookfield Lacrosse Club's spring 2011 season is open online at [www.brookfieldlax.org](http://www.brookfieldlax.org) now through March 31. The Brookfield Lacrosse Club is open to players of all abilities; both new and experienced players are encouraged to register. The club offers clinics for the younger kids for boys in K-1st and girls in grades 1<sup>st</sup> & 2<sup>nd</sup> at a reduced registration fee of \$25. Travel teams are available for boys in grades 2nd-8<sup>th</sup> and girls in grades 3rd-8<sup>th</sup>. Indoor winter time is available for those in grades 2-8 that have registered before Dec. 31. Fees and schedules vary by team. Visit [www.brookfieldlax.org](http://www.brookfieldlax.org) or call Kevin Madden, club president, at 203-775-4434, or Kim Donnelly, club vice president, at 775-2275, for more information.

SAVE THE DATE.....

### **Valentine's Gala** **Saturday, February 5, 2011**

A Valentine's celebration to benefit the BHS Sportsplex Project. Dinner and dancing to be held at the Portuguese Cultural Center. More information to come; watch for an e-news announcement through the Brookfield Public Schools.

## Community Connection

### **22<sup>nd</sup> ANNUAL BUNNY BREAKFAST AND VENDOR FAIR**

To Benefit the Brookfield Community and Offer Scholarships to graduating high school seniors living in Brookfield  
Hosted by the Brookfield Newcomers and Neighbors Club

Bring the kids, visit with the bunny, and enjoy!!

Pancakes, Eggs, Sausage, Fruit

Juice, Coffee, Tea, Water

Games and Activities for the Kids

Vendor Sale

Raffles and Silent Auction

**Saturday, April 9**

**8:30AM - 12:00 PM**

(Breakfast Served until 11:00 AM)

Brookfield High School Cafeteria

\$7.00 for adults and \$4.00 for children at the door  
(purchase tickets in advance for discounted packages)  
Call Ann Salinger 546-8698 or [acsalinger@aol.com](mailto:acsalinger@aol.com) for additional information

If you would like to make new friends and have fun, join Brookfield Newcomers and Neighbors! We are a social club whose membership includes long-time residents and newcomers to town. We have a variety of activities: TGIF, Socials Dinners, Book Club, Ladies' Night Out, Lunch Bunch, Bunco, and Wine Tasters. If interested, please call Gerry Jove @ 203-740-7178 or [gaffneyjove@aol.com](mailto:gaffneyjove@aol.com) or Kathy Powers @ 203-300-5340 or [k.mueller@comcast.net](mailto:k.mueller@comcast.net).

### **Frequently Requested Phone Numbers**

Boy Scouts	Ray Pflomm	775-8167
Brookfield Baseball & Softball	Field Hotline	775-5238
Brookfield Education Foundation (BEF)	Colette Sturm	740-0826
	<a href="http://www.brookfieldeducationfoundation.org">www.brookfieldeducationfoundation.org</a>	
Brookfield for Youth Football & Cheer	Kyle Sanborn	775-0171
	Field Hotline	775-5241
Brookfield Lacrosse	Kevin Madden	775-4434
	Field Hotline	775-5240
Brookfield Soccer	Field Hotline	775-5239
Candlewood Lake Authority	Larry Marciano	860-354-6928
CT DEP Boating Div.		860-434-8638
Conservation Commission	Alice Dew	740-2419
Garden Club	Jan Stanco	775-0357
Girl Scouts	Julie Blick	740-9015
	<a href="mailto:blickjulie@charter.net">blickjulie@charter.net</a>	
Lion's Club	Joe Rocky	775-4340
MOMS Club® of Brookfield West	Anna Chan	885-0030
	<a href="mailto:momsclubofbrookfieldwest@yahoo.com">momsclubofbrookfieldwest@yahoo.com</a>	
Brookfield Newcomers and Neighbors		
	<a href="http://www.brookfieldnewcomers.com">www.brookfieldnewcomers.com</a>	
	P.O. Box 263	
Rotary Club	Russ Cornelius	775-8010
Senior Center	Ellen Melville	775-5308
	Beth Hoolehan	
Women's Club of Brookfield	Cathy Nielsen	775-4452
	Karen Symington	775-3115
Youth Employment	Donna	775-7310

## **Parks Reinvestment II**

### **Act 1**

### **Scene I**

Santa: OK Dennis...Parks Reinvestment II? Really... didn't we just do this? So what's different this time around?

Dennis: Well Santa, I'm actually glad you asked. I'll attempt to give you some of the major highlights as there have actually been several recent developments including cost saving and the acquisition of significantly more State and Federal Funding. Keep in mind that we are in no hurry to get this Parks Reinvestment II to a Town Vote. This vote could happen anytime in 2011, so keep an eye out for details. We want to get this thing right and make sure that we can fix or build what we say we can fix or build, kinda like what the Town has done with the newly opened Senior Center and what we've started to do with our roads. Make sense big guy?

Santa: Well Dennis, I don't use the roads (*with my flying sleigh and all*), what's in this plan for me?

Dennis: I didn't know you rode that thing year round... anyway here are some of the highlights...also check out the Town website for more information at [www.brookfieldct.gov](http://www.brookfieldct.gov).

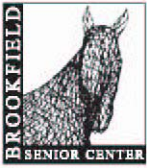
- Residents will be asked whether or not they support three individual projects and not one lump sum for multiple projects as we did last time.
- Today those projects include Kids Kingdom play area replacement, Cadigan and Town Park renovations and the Still River Greenway (multi-use walking, jogging, bike path).
- The Town of Brookfield will be able to reduce the cost for the Town Beach project by \$750,000 thanks to a grant from Governor Rell and the State Bonding Commission.
- Further cost reductions to the Town Beach and Cadigan Park project as buildings have been redesigned in response to input received from the community over the past year.
- Still River Greenway: Due to cost estimates this project was not part of the original reinvestment plan however; recent developments (decreased cost of \$500,000 and increased Federal funding by an additional \$425,000) have made for a \$925,000 swing in the Town's favor. This finish line is in sight.
- Kid's Kingdom playground replacement: The CT State Bonding Commission has committed to providing a \$250,000 grant for the replacement of Kids Kingdom (that today carries a total replacement cost of \$500,000). A conceptual plan is available for viewing the interactive "fly by" with details of all proposed elements and play structures at [www.brookfieldct.gov](http://www.brookfieldct.gov).

Santa: Sounds interesting Dennis, now when do I get to vote on these projects?

Dennis: Whoa there Santa! There is a process that we all need to follow. This Reinvestment program is still subject to possible changes as we move through our local boards & commissions this winter. It would not surprise me if we got to vote on some form of this program sometime in 2011.

Santa: How do I stay informed about what is being proposed?

Dennis: Look for updates on the Town website @ [www.brookfieldct.gov](http://www.brookfieldct.gov). B/T/W Santa, don't forget about me this Christmas, I think I'm worthy of a new tennis racquet, don't you?



## *Brookfield Senior Center*

**"...a place where things are happening!"**

*The Brookfield Senior Center seeks to improve the quality of life for Brookfield citizens age 60 and older through social, educational, physical, creative and intergenerational programs. The Senior Center is open for membership for all residents age 60 and older. There is no fee for membership to the Center. **Come and Join In On The Fun!***

**Come and Exercise:** Zumba Gold (Monday at 9:30a.m. and Saturday at 10:00a.m.); Yoga (Monday and Wednesday at 3:00p.m.); Chair Yoga (Wednesday at 1:30p.m.); Low Impact Aerobics (Tuesday and Thursday at 9:30a.m.); Tai Chi (Wednesday at 9:30a.m.); and Strength Training/Osteoporosis Prevention (Monday at 12:00noon and Friday at 10:15a.m.).

**Learn New Skills:** Ceramics, art-sketch and paint classes, knit, crafts, crochet, lessons for piano, learn the computer, play bridge, Book Discussion Group, Garden Club and many more!

**Come for lunch:** Full meals served at noon for only \$2.25 every Monday-Thursday. Reserve 24 hours in advance by calling 775-5309 or signing up at the center.

**Travel With us:** Take a trip to local events, restaurants, theater, and casinos.

**Take Charge of your Health:** blood pressure screening, flu shots, nutrition talks, and a wide variety of professional speakers.

**Improve your social life:** Meet friendly new people. HAVE FUN! You'll never sit home alone again.

**Sweethart Bus transportation** is available for those who do not drive. Call the Center for information concerning the Sweethart bus.

***Call Brookfield Senior Center (203-775-5308) to find out more information about our programs or drop by to visit us anytime!***



## How to Register



By phone when paying by Visa, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff person. Registration by phone for all winter programs begins Thursday, December 16.

By mail, complete the registration form below, and mail to the Parks & Recreation Dept along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt. You may mail in your registration for winter programs at any time.

In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m.-4:30 p.m. When you enter the Town Hall, make a right, and we are the last office on the left. You may register in person for winter programs anytime during office hours.



### REGISTRATIONS

- 1) Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration.
- 2) If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope.
- 3) A \$25.00 charge will be assessed on any returned checks.
- 4) **Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.**

### REFUND POLICY

- 1) Registrations may be canceled up to one week prior to a program's starting date.
- 2) No refunds will be given once a program has begun, unless a substitute can be found by this department, or there is a medical emergency.
- 3) Absolutely no refunds will be given for any used portion of a program.
- 4) All refunds are subject to a 10% administrative surcharge.

### PROGRAM CANCELLATION POLICY

Parks & Recreation reserves the right to cancel any program due to lack of participation. Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

### CLASS INFORMATION

The Brookfield Parks & Recreation Department follows the school schedule for many of our classes. Please check with the Office if you are unsure whether or not a class will meet.

In the event of inclement weather cancellations or early release from school, evening classes will also be canceled.

✂ Cut and mail with payment to:

Brookfield Parks & Recreation P.O. Box 5106 Brookfield, CT 06804

Make check payable to: Town of Brookfield

## BROOKFIELD PARKS & RECREATION REGISTRATION FORM

Responsible Person: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Work Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Program Title	Session	Registrant's Name	D.O.B.	Grade	Fee
			/ /		
			/ /		
			/ /		
			/ /		
			/ /		

Total: \_\_\_\_\_

I hereby give permission for myself/my child to participate in this activity and assume the risk thereof and I do covenant for myself, my child, our heirs and assignees at all times to keep the said Parks and Recreation Commission and the Town of Brookfield free, harmless and indemnified from any and all liability for any injury myself/my child might sustain as a result of said participation.

Responsible Person Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Payment Information: Cash: \$\_\_\_\_\_ Check: \$\_\_\_\_\_ Check #:\_\_\_\_\_ Initials:\_\_\_\_\_

Credit Card (circle one)	Amount	Card Number	Exp. Date	CVV (3 digits on back of card)
M/C Visa Amex	\$		/	